

DECEMBER | 2018

Primary & Van Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3 Breakfast: Waffle Fruit-Fresh Fruit-Milk Lunch: Chicken Nuggets California Blend Cucumbers Pears Milk	4 Breakfast: Toast Juice-Fruit-Milk Lunch: Nacho Naturals Salsa-Refried Beans Corn Juice Milk	5 Breakfast: Muffin Fruit-Fresh Fruit-Milk Lunch: Cheese Pizza Broccoli-Cauliflower Fruit Cocktail Baked Apples Milk	6 Breakfast: Breakfast Pizza Fruit-Fresh Fruit-Milk Lunch: Chicken Noodles Mashed Potato Green Beans Dinner Roll Milk	7 Breakfast: Cereal-Toast Juice-Fruit-Milk Lunch: Chili with Crackers Carrot-Celery Corn Bread Juice Milk
10 Breakfast: Pancakes Fruit-Fresh Fruit-Milk Lunch: Hot Ham & Cheese on Bun Normandy Blend-Carrots Peaches Milk	11 Breakfast: Toast Juice-Fruit-Milk Lunch: Beef Tacos (2) Softs Shells Lettuce-Cheese-Salsa Refried Beans Juice Milk	12 Breakfast: Berry Bread Fruit-Fresh Fruit-Milk Lunch: Pepperoni Pizza Broccoli-Cauliflower Jell-O with Fruit Milk	13 Breakfast: Donut Fruit-Fresh Fruit-Milk Lunch: Roast Turkey Mashed Potatoes & Peas Fruit Salad Dinner Roll Milk	14 Breakfast: Cereal-Toast Juice-Fruit-Milk Lunch: Hot Dog on Bun Baked Beans-Carrots Juice Milk
17 Breakfast: French Toast Fruit-Fresh Fruit-Milk Lunch: Cheeseburger on Bun Carrots-Vegetable Fruit Milk	18 Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Tacos(2) Soft Shells Lettuce-Cheese-Salsa Refried Beans-Vegetable Fruit Milk	19 Breakfast: Yogurt & Cracker Fruit-Fresh Fruit-Milk Lunch: Sausage Pizza Broccoli-Vegetable Fruit Milk	20 Breakfast: Cook's Choice Fruit-Fresh Fruit-Milk Lunch: Ham with Scalloped Potato Vegetable Fruit Dinner Roll Ice Cream Milk	21 Holiday Break
24 	25 	26 	27 	28 
31 		2 Holiday Break	3 Breakfast: Muffin Fruit-Fruit-Milk Lunch: Chicken Noodles Mashed Potato Vegetable Dinner Roll Milk	4 Breakfast: Cereal-Toast Fruit-Fruit-Milk Lunch: Corn Dog Baked Beans-Vegetable Fruit-Milk

News



As you head into the holiday season, also often called the season of giving, I encourage you to reflect upon the power that giving your time, your kindness, and your care can impact not only your community, but you own well-being. Wish you all much joy, good health and much laughter in 2019-may you not only be the giver of kindness but a recipient as well.

Over the last several school years, we've been putting in place a number of changes to make our meal even more nutritious for our customers.

Did you know:

All food sold at school (not just school meals)

Must meet criteria for whole-grain content, calories, sodium, fat (including saturated fat & trans fat), and total sugar.

