





FEBRUARY | 2025

Primary & Van Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast: Pancake Juice-Fruit-Milk Lunch: Chicken Nuggets Glazed Carrots Scandinavian Blend Pears Dinner Roll Milk	4 Breakfast: Toast Juice-Fruit-Milk Lunch: Beef Tacos (2) Soft Shells Cheese-Lettuce-Salsa Refried Beans Juice Milk	5 Breakfast: English Muffin Juice-Fruit-Milk Lunch: (2) Stuffed Breadstick-Sauce Broccoli Cauliflower Jell-O with fruit Milk	6 Breakfast: Muffin-Cheesestick Juice-Fruit-Milk Lunch: Spaghetti-Cheese Green Beans Italian Blend Vegetable Peaches Breadstick Milk	7 Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: BBQ on Bun Potato Item Winter Blend Juice Cookie Milk
10 Breakfast: Waffle Juice-Fruit-Milk Lunch: Hot Ham & Cheese on Bun Baked Beans Sicilian Blend Vegetable Baked Apple Milk	11 Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Tacos (2) Soft Shells Cheese-Lettuce-Salsa Refried Beans Juice Milk	12 Breakfast: Biscuit Juice-Fruit-Milk Lunch: Cheese Pizza Broccoli California Blend Vegetable Applesauce Milk	13 Breakfast: Breakfast Pizza Juice-Fruit-Milk Lunch: Chicken Leg Sweet Potato Fries Green Beans Strawberries Dinner Roll Milk	14 Weather Make-Up Day 
17 	18 Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Fajita (2) Soft Shells Refried Beans Cheese-Lettuce-Salsa Juice Milk	19 Breakfast: UBR Juice-Fruit-Milk Lunch: Sausage Pizza Broccoli Cauliflower Pears Milk	20 Breakfast: Yogurt & Cracker Juice-Fruit-Milk Lunch: Chicken Noodles Mashed Potato Peas & Carrots Peaches Dinner Roll Milk	21 Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Turkey & Cheese on Bun Sweet Potato Fries Capri Vegetable Juice Milk
24 Breakfast: French Toast Juice-Fruit-Milk Lunch: BBQ Sandwich Sliced Tomato-Lettuce Potato Item Orange Wedges Milk	25 Breakfast: Toast Juice-Fruit-Milk Lunch: Nacho Naturals-Chips Refried Beans Salsa-Salad Juice Milk	26 Breakfast: Bagel Juice-Fruit-Milk Lunch: Pepperoni Pizza Broccoli California Blend Vegetable Fruit Cocktail Milk	27 Breakfast: Apple Frudel Juice-Fruit-Milk Lunch: Mostaccioli Green Beans Peaches Breadstick Milk	28 Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Chicken Noodle Soup-Cracker Grilled Cheese Baby Carrots-Celery Juice Milk

News

Breakfast is a good thing! Children can benefit from the School Breakfast Program! Studies show that school breakfast can raise test scores while improving classroom attentiveness and behavior. Make sure your children start the school day with a healthy meal!



Brighten You Plate

Fill up on Fruit & Veggies
 Why diet full of fruit & vegetable is important: Fruit & vegetables have important nutrients, including vitamins & minerals. Your Child is growing rapidly & nutrients help your child grow to be healthy. Some benefits of the nutrients in fruits & vegetables include: helping with you vision, bone health, memory & brain function. Eat fruits & vegetable every day to give you & your child nutrients, including vitamin A, vitamin C, potassium and more!